

Diabetes For Dummies Alan L Rubin

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Now significantly revised and updated, this new edition of Diabetes For Dummies includes the latest information on diabetes medications and monitoring equipment, new findings about treating diabetes in the young and elderly, new ways to diagnose and treat long- and short-term complications, updated nutritional guidelines, new tools for measuring blood sugar and delivering insulin to the body, and much more.

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Praise for Diabetes For Dummies "Filled with wit and wisdom, this book will teach you the Ten Commandments of Diabetes Care, which can help add life to your years . . . and years to your life." – Dr. Joel Goodman, Director, the HUMOR Project, Inc. "Alan Rubin could be expected to know a lot about diabetes.

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Diabetes For Dummies explores the real deal on. Working through your initial reaction to a diagnosis of diabetes. Knowing what whether you have type 1 or type 2. Battling short- and long-term complications. Monitoring your glucose. Managing the disease with diet and exercise. Helping your child or parent handle his or her own diabetes.

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Now significantly revised and updated, this new edition of Diabetes For Dummies includes the latest information on diabetes medications and monitoring equipment, new findings about treating diabetes in the young and elderly, new ways to diagnose and treat long- and short-term complications, updated nutritional guidelines, new tools for measuring blood sugar and delivering insulin to the body, and much more.

~~Diabetes For Dummies by Alan L. Rubin, Paperback | Barnes ...~~

The Latin name for the disease is diabetes mellitus. Diabetes comes from the Greek word for siphon, referring to the way that liquid gets quickly siphoned through your body when you suffer from high sugar levels (the excess sugar causes the kidneys to quickly expel the water through the urine, as it tries to reduce the sugar levels in your blood).

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Diabetes For Dummies, 3rd Australian edition, brings you right up to date with the latest research, treatment and management approaches for all types of diabetes. This book is essential reading whether you have diabetes yourself or are supporting a friend or relative with the condition.

~~Diabetes For Dummies by Lesley Campbell, Alan L. Rubin ...~~

Alan L. Rubin, MD, is a physician in private practice and the author of the bestselling Diabetes For Dummies, Diabetes Cookbook For Dummies, and Thyroid For Dummies.

~~Type 1 Diabetes For Dummies by Alan L. Rubin, Paperback ...~~

Type 1 Diabetes For Dummies, explains everything you need to know and do to make living with type 1 diabetes easier and healthier. This reassuring, plain-English guide helps you understand and manage the disease with tips on working with your doctor, administering insulin, developing a diet and exercise plan, and coping with illness and travel.

~~Type 1 Diabetes For Dummies: Rubin, Alan L.: 9780470178119 ...~~

Alan L. Rubin, MD, is one of the nation's foremost authorities on prediabetes and diabetes. He is the author of Diabetes For Dummies, Diabetes Cookbook For Dummies, Type 1 Diabetes For Dummies, and Thyroid For Dummies.

~~Prediabetes For Dummies by Alan L. Rubin, Paperback ...~~

Diabetes For Dummies Cheat Sheet By Alan L. Rubin Diabetes, which is excessive glucose in your blood, leads to serious health problems if left untreated. Follow the American Diabetes Association screening guidelines to get tested for diabetes at the earliest possible time.

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The Diabetes For Dummies offers good basic information about Diabetes. There are chapters on diet and exercise and then quite a bit of information on medications. There is also information about the importance of support from family and friends.

~~Diabetes For Dummies: Rubin, Alan L.: 9781118294475 ...~~

Editions for Diabetes For Dummies: 0764568205 (Paperback published in 2004), (Kindle Edition), (Kindle Edition published in 2015), 0470270861 (Paperback ...

~~Editions of Diabetes For Dummies by Alan L. Rubin~~

Dr. Alan L. Rubin has specialised in diabetes for 28 years. Dr Sarah Jarvis appears regularly on

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UK radio and TV and writes on health issues for Good Housekeeping, Women's Health, and Pregnancy magazines.

~~Diabetes for Dummies by Sarah Jarvis, Alan L. Rubin ...~~

Alan L. Rubin, MD, is one of the nation's foremost authorities on prediabetes and diabetes. He is the author of Diabetes For Dummies, Diabetes Cookbook For Dummies, Type 1 Diabetes For Dummies, and Thyroid For Dummies.

~~Prediabetes For Dummies Cheat Sheet—dummies~~

Diabetes For Dummies explores the real deal on Working through your initial reaction to a diagnosis of diabetes. Knowing what whether you have type 1 or type 2. Battling short- and long-term complications.

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Diabetes Cookbook for Dummies® by Alison G. Acerra, Alan L. Rubin and Denise Sharf (2005, Trade Paperback, Revised edition)

~~Diabetes for Dummies by Alan L. Rubin (2008, Trade ...~~

Now significantly revised and updated, this new edition of Diabetes For Dummies includes the latest information on diabetes medications and monitoring equipment, new findings about treating diabetes in the young and elderly, new ways to diagnose and treat long- and short-term complications, updated nutritional guidelines, new tools for measuring blood sugar and delivering insulin to the body, and much more.

~~Diabetes for Dummies by Alan L. Rubin—Books-A-Million~~

Diabetes for dummies this is a great book to begin with and look for the newest versions says things change all the time. And don't spend more than \$20 on this. But it is the one but that includes everything that you need to know from counting labels and points to checking your sugar and how diabetes works.

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