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The Good Life  
Hugh Mackay

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~~The Good Life: A  
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Ranson~~ The Good Life:  
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Mosman Library What  
makes a life worth living  
with Hugh Mackay at  
Happiness \u0026 Its  
Causes 2014 Hugh  
~~Mackay Part 1~~ Hugh  
Mackay on The Art of

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Belonging and what a  
social researcher actually  
does More Than Money  
- What Is \"The Good  
Life\" Parable Hugh  
Mackay | TEDxSydney  
2020

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Hugh Mackay Oration -  
'The Good Life'.

Inspiring Philanthropy  
Celebration 2013.

COMPASSION IN A  
TIME OF PANDEMIC

– Part 1 with guest

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~~HUGH MackAY 2014~~

~~CHASS National Forum:~~

~~The Art of Belonging -~~

~~Hugh Mackay Tate~~

McRae - you broke me  
first (Official Video)

Hugh Mackay all my  
friends are fake - original

song by tate mcrae The

Good Life series 2

episode 3 Mr Fix It The

Good Life Living the

Good Life dear person

who doesn't understand

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MacKay

me The Most Important  
Thing: Uncommon  
Sense for the Thoughtful

Investor by Howard

Marks AUDIOBOOK

FULL! The Good Life:

Series 2 Episode 1 (Part 3

of 3) Fisherman \u0026

Businessman A GUIDE

TO THE GOOD LIFE

BY WILLIAM B.

IRVINE, ANCIENT

ART OF STOIC JOY

Del Irani -- Mental

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Life: Hugh  
Mackay  
health issues facing youth  
in Australia on ABC's  
#Talkaboutit The Good  
Life: Series 1 Episode 2  
(Part 1 of 3)

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Hugh Mackay - Building  
a Culture of Compassion  
| Social Cohesion \u0026  
Inclusion Conference,  
Sydney 2019

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In Conversation with  
Hugh Mackay

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The Art of Belonging -  
Hugh MacKay

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Hugh Mackay - The  
Inner Self Why  
neighbourhoods matter -  
Dr Hugh Mackay  
(EXCERPT)

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The Art of Belonging:  
Hugh Mackay on  
suburban Australia  
(Perth Writers Festival  
2015)

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What Makes Us Tick?  
Hugh Mackay at  
Mosman Library8 – On  
Feeding the Gray Wolf



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~~The Good Life Hugh Mackay~~  
Mackay

Hugh Mackay defines the good life as one lived for others - "defined by our capacity for selflessness, the quality of our relationships and our willingness to connect with others in a useful way." Mackay suggests that our focus on ourselves, the misplaced importance on

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Life Hugh Mackay  
accumulating money and possessions is leading us into a misguided idea of a good life.

### ~~The Good Life by Hugh Mackay~~

Hugh Mackay has spent his entire working life asking Australians about their values, motivations, ambitions, hopes and fears. Now, in *The Good Life*, he addresses the

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ultimate question: What makes a life worth living? His conclusion is provocative.

~~The Good Life - Kindle edition by Mackay, Hugh. Politics ...~~

The good life is not the sum of our security, wealth, status, postcode, career success and levels of happiness. The good life is one defined by our

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Life Hugh  
Mackay  
capacity for selflessness,  
the quality of our  
relationships and our  
willingness to connect  
with others in a useful  
way. Mackay examines  
what is known as the  
Golden Rule through the  
prisms of religion,  
philosophy, politics,  
business and family life.

~~The Good Life: MacKay,  
Hugh: 9781743538937:~~

*Page 12/68*

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~~Amazon.com: Books~~

About the author (2013)

Hugh Mackay is a social researcher and bestselling author of 19 books, including *The Good Life*, *The Art of Belonging* and his latest, *Australia Reimagined*. He has had a...

~~The Good Life — Hugh~~

~~Mackay — Google Books~~

~~The Good Life by Hugh~~

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Mackay. Hugh was a newspaper columnist for over 25 years, and is now an honorary professor of social science at the University of Wollongong. Previous books include Why Don't People Listen?. See details - The Good Life by Hugh Mackay (English) Paperback Book Free Shipping! Qty :

# Bookmark File PDF The Good Life Hugh

~~The Good Life by Hugh  
Mackay Paperback Book  
for sale ...~~

What makes a human life worth living? Now there's a question that would, to quote the short poem Days by Philip Larkin, bring "the priest and the doctor/in their long coats/running over the fields". In The Good Life, prolific social

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researcher Hugh Mackay focuses our attention on this crucial question.

~~The Good Life~~

~~SMH.com.au~~

He is a former deputy chairman of the Australia Council, a former chairman of trustees of Sydney Grammar Sc.

Hugh Mackay is a social researcher and novelist who has made a lifelong



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study of the attitudes and behaviour of Australians. He is the author of twelve books, including five bestsellers. The second edition of his latest non-fiction book, *Advance Australia...Where?* was published in September 2008, and his fifth novel, *Ways of Escape* was published in May 2009.

~~Hugh Mackay (Author~~

*Page 17/68*

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~~of The Good Life)~~

Hugh Mackay has 46 books on Goodreads with 5515 ratings. Hugh Mackay ' s most popular book is The Good Life.

~~Books by Hugh Mackay  
(Author of The Good  
Life)~~

Hugh Clifford Mackay (born 1938) AO is the founder of the Australian quarterly research series

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The Mackay Report 1979-2003, which later became The Ipsos Mackay Report. He is a psychologist, social researcher and writer. He was a weekly newspaper columnist for 25 years and is a regularly appearing commentator on radio and television.

~~Hugh Mackay (social researcher) - Wikipedia~~

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“ we might do well to accept that a noble, courageous, well-lived life is one in which we are equipped to experience and negotiate the full range of emotions: neither seduced by the lure of happiness nor obsessed by the grim and gritty aspects of life, but open to whatever comes and ready to learn from it all. ”      Hugh Mackay,

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The Good Life

Mackay

~~Hugh Mackay Quotes  
(Author of The Good  
Life)~~

Hugh Mackay is a social researcher and the author of fourteen books.

Rachel Tyler Jones talks with him about his latest bestseller, The Good Life and how this can be achieved. A journalist said to me, “ I think this

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Life Hugh Mackay  
is an old man ' s book  
— you wouldn ' t have  
written this book ten  
years ago ” .

~~Hugh Mackay — What  
is a good life?~~

A social researcher,  
Hugh Mckay is focused  
on ideas that portray the  
lucky country in its  
mission to be happier,  
more confident, and  
more accepting of

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outsiders. Themes of his work include ' the good life ' , how to be a good listener and where we see ourselves going as Australians.

~~Book Review: The Question of Love by Hugh Mackay, Pan ...~~

“ we might do well to accept that a noble, courageous, well-lived life is one in which we are

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Mackay  
equipped to experience  
and negotiate the full  
range of emotions:

neither seduced by the  
lure of happiness nor  
obsessed by the grim and  
gritty aspects of life, but  
open to whatever comes  
and ready to learn from it  
all. ” Hugh Mackay,  
The Good Life

~~The Good Life Quotes by  
Hugh Mackay~~



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Hugh Mackay is a social researcher and bestselling author of 21 books, including What Makes Us Tick, The Good Life and Australia

Reimagined. He has had a 60-year career in social research, and was a weekly newspaper columnist for over 25 years. Hugh is a Fellow of the Australian Psychological Society

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### and the Royal Society of

#### NSW.

##### Life Hugh

###### McKay

~~The Inner Self, The joy of discovering who we really are ...~~

The book was “ The Good Life ” by Hugh McKay and our lovely host, Ms T, set the scene with a “ bohemian ” inspired picnic. I love that everyone in our book club is not only a

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Life by Hugh McKay  
lovely friend, amazing woman but also so creative when it comes to hosting book club, each and every one has been so different.

~~Book Club: The Good Life by Hugh McKay - Boiled Eggs ...~~

This new book, "The Good Life," is different. It is philosophical. It espouses a view as to

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Life Hugh Mackay  
what makes a life "good" and comes down firmly on it being a life "lived for others." Mackay argues the pursuit of personal fulfillment or happiness or other self-centred goal is not the right objective. This is a very "worthy" book.

~~Amazon.com: Customer reviews: The Good Life~~  
Hugh Mackay has spent

# Bookmark File PDF The Good

his entire working life asking Australians about their values, motivations, ambitions, hopes and fears. Now, in *The Good Life*, he addresses the ultimate question: What makes a life worth living? His conclusion is provocative.

~~The Good Life — Pan  
Macmillan AU~~

Find helpful customer

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Life Hugh Mackay  
reviews and review ratings for The Good Life at Amazon.com. Read honest and unbiased product reviews from our users.

"No one can promise you that a life lived for others will bring you a deep sense of satisfaction, but it's certain that

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nothing else will." Hugh Mackay has spent his entire working life asking Australians about their values, motivations, ambitions, hopes and fears. Now, in *The Good Life*, he addresses the ultimate question: What makes a life worth living? His conclusion is provocative. The good life is not the sum of our security, wealth, status,

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Life Hugh  
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postcode, career success  
and levels of happiness.

The good life is one  
defined by our capacity  
for selflessness, the  
quality of our  
relationships and our  
willingness to connect  
with others in a useful  
way. Mackay examines  
what is known as the  
Golden Rule through the  
prisms of religion,  
philosophy, politics,



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business and family life.

And he explores the numerous and often painful ways we distract ourselves from this central principle: our pursuit of pleasure, our attempts to perfect ourselves and our children, and our conviction that we can have our lives under control. Argued with all the passion and

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intelligence we have  
come to expect from one  
of Australia's most  
prolific and insightful  
authors, *The Good Life* is  
a book that will start  
conversations, ignite  
arguments and possibly  
even change the way we  
live our lives. Shortlisted  
for Indie Awards' Non-  
fiction Book of the Year  
2014 Shortlisted for  
ABIA Awards for

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General Non-fiction

Book of the Year 2014

'No one can promise you that a life lived for others will bring you a deep sense of satisfaction, but it's certain that nothing else will.' Hugh Mackay has spent his entire working life asking Australians about their values, motivations, ambitions, hopes and

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fears. Now, in *The Good Life*, he addresses the ultimate question: What makes a life worth living? His conclusion is provocative. The good life is not the sum of our security, wealth, status, postcode, career success and levels of happiness. The good life is one defined by our capacity for selflessness, the quality of our

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relationships and our willingness to connect with others in a useful way. Mackay examines what is known as the Golden Rule through the prisms of religion, philosophy, politics, business and family life. And he explores the numerous and often painful ways we distract ourselves from this central principle: our

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pursuit of pleasure, our attempts to perfect ourselves and our children, and our conviction that we can have our lives under control. Argued with all the passion and intelligence we have come to expect from one of Australia's most prolific and insightful authors, *The Good Life* is a book that will start

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Life Hugh  
Mackay  
conversations, ignite  
arguments and possibly  
even change the way we  
live our lives.

The eternal question  
'Who am I?' must be  
weighed against an even  
deeper question: 'Who  
are we?' We are writing  
each other's stories as  
much as we are writing  
our own. In his  
bestselling book, The

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Life Hugh Mackay  
Mackay argued that kindness and respect for others are the hallmarks of a life well lived. Now in The Art of Belonging Mackay shows how strong communities develop our moral sense and build our emotional security. He says that as 'social creatures' we can only reach our potential when we engage with our



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Life Hugh Mackay  
communities - in the local neighbourhood, at work and even online.

Drawing on his lifelong work as a social researcher, Mackay creates a fictional suburb, Southwood, and populates it with characters who, like most of us, struggle to reconcile their need to belong with their desire to live life on their own

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terms. Through a series of stories, illuminated by Mackay's social analysis, we witness the conflicts that arise when individuals assert their needs at the expense of others, but we also glimpse the satisfactions that flow from contributing to the common good. Written with wisdom, compassion and wit, The

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Art of Belonging is for those who yearn for a society that sustains and nurtures the many, not just the fortunate few.

What do people actually mean when they say 'God'? Around two-thirds of us say we believe in God or some 'higher power', but fewer than one in ten Australians attend church weekly. In

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Beyond Belief, Hugh Mackay presents this discrepancy as one of the great unexamined topics of our time. He argues that while our attachment to a traditional idea of God may be waning, our desire for a life of meaning remains as strong as ever. Mackay interviews dozens of Australians representing many different points on

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the spectrum of faith, including some who are part of the emerging 'spiritual but not religious' movement. He exposes the deep vein of ambivalence about religion that runs through our society: we may not actively worship, but we still like to see local churches operating in our midst, and we use 'our' church to marry,

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christen our babies,  
educate our children and  
commemorate our dead.

He points out some  
uncomfortable truths,  
such as our tendency to  
call on God only in a  
crisis, and unpacks our  
human need for  
'answers', even when  
science can't find them.

He endorses the  
Christian ideal of the  
good life - a life lived for

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others - but acknowledges that there are many pathways to that same goal, not all of them religious. Written with all the insight and compassion we have come to expect of our leading chronicler of Australian life, *Beyond Belief* is an engrossing exploration of the ways we find spiritual fulfilment in an avowedly

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Mackay

What really goes on in a marriage? Richard and Freya are, on the surface, a perfect couple. He has a thriving architectural practice; she plays the violin like an angel. They live in a beautiful home. They seem respectful and caring of one another. They should be happier than they are. In The



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Life Hugh Mackay  
Mackay

Question of Love, Hugh Mackay has constructed a novel of stunning originality - both a sympathetic examination of a marriage and a nuanced exposition of the complexities and contradictions of human love. Starkly observed, beautifully written and intricately plotted, The Question of Love explores the myriad ways

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Mackay  
we resist the terrible  
beauty of true intimacy.

The hardest thing, finally,  
is to accept our  
insignificance in the  
scheme of things - or  
perhaps to accept that  
there is no 'scheme of  
things'. Tom Harper, a  
43-year-old Australian  
psychologist, is in self-  
imposed exile in London,  
living down a sexual

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indiscretion with a client.

Through a chance meeting at the Royal Academy, he makes friends with Sarah Delacour, an academic who studies nursery rhymes. Sarah is beautiful, charming and smart, but she is morally trapped - and perhaps corrupted - by decisions she has made in the past. As Tom and Sarah's

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relationship evolves, many layers of infidelity emerge. Tom falls deeply in love and waits for Sarah to reciprocate. But while Sarah is brilliant at playing the role of a woman in love, Tom fears her ultimate commitment may be to securing a life of luxury. Through his fiction and non-fiction, Hugh Mackay has developed a

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Life Hugh  
Mackay

reputation as an acute and compassionate observer of the human condition, with all its shades of light and dark. In this beautifully written tale of love and the desire for control, he explores one of life's most troubling questions: do our circumstances justify or merely explain our behaviour?

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'Hugh Mackay is one of this country's most perceptive social commentators' - Sydney Morning Herald

Insightful and engaging, *What Makes Us Tick?* helps to explain what drives us, concerns us and is important to each of us ? from Australia's leading social researcher, Hugh Mackay. Dr Mackay has spent a

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lifetime listening to people talk about their dreams, fears, hopes, disappointments and passions. As well, his bestselling books have documented the impact of the changes that have been radically reshaping our society. In *What Makes Us Tick?* he reflects on some of the things that don't change, identifies ten desires that

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drive us all, and asks: 'Why do we talk as if we're rational, but act as if we're not?'; 'Why do some people always want to take control?'; 'Why do we seek change, yet resist it?'; 'Why do we want more of the things that have failed to satisfy us?'. His exploration of these and other issues goes to the heart of some of life's big questions. In



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this new edition Hugh Mackay offers a postscript that delves into the many concerns that were raised by people around the country when he was first promoting *What Makes Us Tick?*. They include: 'Why do people become workaholics?'; 'How can religious people hold such irrational beliefs?'; 'Why are so many people

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Life Hugh Mackay

hooked on social media?'; 'What about gender and generational differences?'; 'Shouldn't our desire for security be on the list?', as well as many other issues that resonate with modern Australia. He also offers more thoughts on ? the desire to be taken seriously; the desire for 'my place'; the desire for something to believe in;

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the desire to connect; the  
desire to be useful.

Raising all these ideas,  
this is a book that will  
explain us to ourselves.

Hugh Mackay is a  
psychologist, social  
researcher and novelist,  
and is the author of the  
the bestselling *Advance*  
*Australia... Where?*

First published in 1994,  
Hugh Mackay's *Why*

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Don't People Listen? sold 40,000 copies and became a classic on the art of successful communication. This ebook-only edition has been fully revised and updated to include a summary of the benefits and pitfalls of multi-media communication. Hugh Mackay shows us a simple yet revolutionary way to improve the

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quality of our relationships with our spouses, children, friends, colleagues and clients. He identifies the ten most basic laws of human communication, such as: It's not what our message does to the listener, but what the listener does with our message that determines our success as communicators.

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Accessible and  
instructive, *Why Don't  
People Listen?* is a  
complete guide to  
changing minds,  
improving connections  
and resolving conflict.

*In Advance Australia  
Where?* Hugh Mackay,  
our most highly  
respected social  
researcher, takes a long  
hard look at our society

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Life Hugh Mackay  
in the 21st century. While we enjoy unprecedented levels of prosperity and the promise of more to come, we are still battling an epidemic of anxiety and depression, taking on record levels of debt, and yearning for a deeper sense of meaning in our lives. While many Australians complain about feeling powerless and isolated, Mackay sees

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Life Plus  
Mackay

some encouraging signs that we are learning how to absorb the impact of the revolutionary changes in our way of life. This fully updated edition examines Australia in the wake of the federal election of 2007, and explores the issues that are now confronting us.

A penetrating tale about

*Page 64/68*



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suburbia and the social relationships people form to survive in the modern world from bestselling author Hugh MacKay. Winter Close, a small, undistinguished cul-de-sac is home to an eclectic, vibrant group of people: the dubious Chika, eccentric old Mrs Spenser, the self-conscious Abels, the mysterious Stuthridges

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and the laid back Upton and Sexy Goods - just to name a few. For Tom, a divorced counsellor living alone, Winter Close is his herd, the people he cares about. According to Tom, neighbours are like family, you can't choose them and you don't always like them, but you're bound to them. Tom is pleasant to this

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family but conscious not to pry into their lives. It comes as a shock then to discover that his reserved, introverted manner may have isolated him from the rest of the residents. In fact he might not know them as well as he thinks. As Tom starts to see his neighbours for the people they are, rather than the people he

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Life Hugh  
Mackay  
imagined they were, he  
starts to drop his own  
guard and discover  
himself.

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